

Trainingsplan Region Sachsen			International Street Defence Organization			
Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Legende
			Bären Starke Kinder Dresden 15:50-16:40			Bären Starke Kinder
	Bären Starke Kinder Pirma 16:00-16:45		Bären Starke Kinder Meißen 16:00-16:45			Street Defence
		Bären Starke Kinder Radeburg 16:15-17:00				Wing Chun Tao Chi
	Street Defence Meißen 17:30-18:30		Street Defence Meißen 17:00-18:00	Bären Starke Kinder Coswig 17:00-18:00		Street Defence Freies Training
		Street Defence Dresden 18:00-19:00	Street Defence Radeburg 18:00-19:00			
		Street Defence Heidenau 18:00-19:00	Wing Chun Tao Chi Freital 18:00-19:00			
	Street Defence TU Dresden 18:30-20:00	Street Defence Freies Training Dresden 19:00-20:00				
Wing Chun Tao Chi Dresden 19:30-21:30	Street Defence Dresden 20:00-21:00		Street Defence Dresden 20:00-21:00	Street Defence Döbeln 20:00-21:00		
Wing Chun Tao Chi Coswig 20:00-21:30		Street Defence Coswig 20:00-21:30				